



The Spa at Matakauri Lodge

BY INDULGE

Matakauri Spa is located on the edge of a pine forest, with uninterrupted views to Lake Wakatipu and towering Cecil Peak.

Our Spa team is committed to personalising your treatment to meet your specific needs and can guide you in choosing a spa experience to suit your individual requirements.

The Spa at Matakauri Lodge has two treatments rooms, each with a shower, changing room and private deck surrounded by gorgeous native flora. For a complete wellness experience finish off your spa treatment with relaxation time in the adjacent sauna, Jacuzzi or swimming pool.

MASSAGE

60 Mins \$290.00 / 90 Mins \$380.00 / 120 Mins \$500.00

Your treatment begins with a full consultation as each massage we offer is customised to meet the specific needs of each guest. All massages begin with a sensory journey to help you select the Indulge Signature Oil Blend which feels right for you in that exact moment, enhancing your experience even further.

RELAXATION MASSAGE

This is a light to medium pressure, soothing, rhythmic, full body massage that helps to relieve muscular tension, improve circulation, and relax the body and mind.

DEEP TISSUE MASSAGE

Deep Tissue Massage consists of different techniques using forearms, fists, elbows, and hands and can include some trigger point work. The pressure is medium-hard and is used to circulate the blood, to get into the connective tissues and release tight muscles and areas of tension. Perfect to aid in recovery after an adventure day sightseeing, hiking, biking, golfing, skiing or snowboarding. Your therapist will tailor your massage to your specific needs to get you back in action sooner.

PREGNANCY MASSAGE

Pregnancy Massage is a nurturing, flowing massage for the mother-to-be to ease her body and mind. Concentrating on all those pregnancy aches through the feet, legs, lower back, neck and shoulders. We use a natural side-lying position on the table, comfortably supported with specifically placed pillows for the ultimate rejuvenating experience.

*Please be aware for the safety of the mother to be and her baby, pregnancy massage can only be performed from 13-weeks gestation, and for a maximum duration of 90 minutes.

HOT STONE MASSAGE

90 Mins \$400.00 / 120 Mins \$520.00

This massage is offered as a sedative, ritualised treatment for relaxation. Large heated New Zealand river stones are placed on key areas of the body while smaller stones are used as an extension of your therapist's hands to melt away stress and muscle tension.

OPTIONAL TREATMENT ENHANCEMENTS

30 Mins \$145.00 (additional to massage)

Complete your massage treatment with the addition of a 30min treatment enhancer. Choose from the Feet Treat or Ultimate Face & Scalp Ritual.

FACIALS

MATAKAURI BOTANICAL FACIAL

60 Mins \$290.00

A beneficial botanical facial utilises natural New Zealand skincare products. A beneficial treatment, which more than delivers its promise to restore balance to all skin types.

ORGANICEUTICALS DETOX FACIAL

60 Mins \$290.00 / 90 Mins \$380.00 (includes AHA Peel)

This multi-detox specialty facial is designed to purify and provide a detoxifying experience while it calms and restores balance to unhealthy skin. We use a high potency multi-clay mask with kaolin and bentonite that is formulated to promote cell renewal, detoxify and calm all skin types.

ORGANICEUTICALS ANTI-AGING FACIAL

60 Mins \$290.00 / 90 Mins \$380.00 (includes AHA Peel)

Helping to restore youthful radiance, strengthen and repair the skin tissue, this specialty facial aids in slowing down the ageing process. A highly concentrated age defying vitamin C and E mask infused with powerful antioxidants is the hero of this facial, restoring hydration and reducing the visible signs of ageing.

ORGANICEUTICALS MOISTURE INFUSION FACIAL

60 Mins \$290.00 / 90 Mins \$380.00 (includes AHA Peel)

For dehydrated skin, this specialty sheet mask infused with powerful antioxidants will soothe and replenish your skin. This hydrating and moisture-locking treatment, will replenish thirsty skin and combat dehydration. The Hyaluronic Acid sheet mask infuses deep hydration, drenching your skin and providing a cooling effect while a pressure point facial massage relaxes and relieves tension.

OPTIONAL TREATMENT ENHANCEMENTS

30 Mins \$145.00 (additional to facial)

Complete your facial treatment with the addition of a 30min treatment enhancer. Choose from the Feet Treat or Back Massage.

BODY TREATMENTS

REFRESH BODY POLISH

60 Mins \$290.00

Begin this luxurious treatment with a full body exfoliation, using a customised scrub made from organic products and natural oils leaving your skin looking radiant and feeling wonderfully smooth.

COCOON BODY MASK

90 Mins \$380.00

This body treatment will care for your entire body, from head to toe. Beginning with a full body exfoliation to prepare the skin for maximum results. Enjoy the Ultimate Face and Scalp Ritual during a manuka honey or thermal mud body wrap selected to suit your skin's needs.

OPTIONAL TREATMENT ENHANCEMENTS

30 Mins \$145.00 (additional to body treatment)

Enhance your body treatment with the addition of a 30min treatment enhancer. Choose from the Feet Treat or Back Massage.

MATAKAURI SPA PACKAGES

MATAKAURI RITUAL PACKAGE

90 Mins \$380.00

60 Min Massage + 30 Min Facial

TIMEOUT PACKAGE

120 Mins \$490.00

60 Min Massage + 60 Min Organiceuticals Facial

TREAT PACKAGE

150 Mins \$625.00

90 Min Massage + 60 Min Organiceuticals Facial

BODY REFRESH PACKAGE

120 Mins \$500.00

60 Min Massage + 60 Min Refresh Body Polish

INDULGE ME PACKAGE

3 Hours \$785.00

60 Min Refresh Body Polish + 60 Min Massage + 60 Min Organiceuticals Facial

ULTIMATE INDULGENCE DAY

4 Hours \$945.00

90 Min Coccon Body Mask + 90 min Massage + 60 min Organiceuticals Facial

TREATMENT ENHANCEMENTS

ULTIMATE FACE & SCALP RITUAL

30 Mins \$145.00 (add on)

This 30 minute ritual is the ultimate in indulgence and THE BEST way to finish your massage or spa treatment. With back, neck and shoulder tension creeping their way up to settle in your jaw, forehead and scalp, this enhancer is a must for extraordinary body and mind relaxation.

Effective and relaxing, the thorough and flowing massage sequence of the de'collete, neck, face and scalp combining the power of personally selected aromatherapy facial oil, will relieve the final layers of tension and stress held in the face and body.

This treatment is only available as an addition to a treatment or package.

FEET TREAT

30 Mins \$145.00 (add on)

Have you been on your feet all day - exploring, hiking, skiing in beautiful Queenstown? Or do you just love a great foot massage? Then this 30 minute ritual is for you!

Having your feet massaged stimulates and balances energy, is proven to relieve pain, reduces stress and anxiety and boosts general health. The Feet Treat is the perfect way to start your massage or spa treatment and helps put your body back into a harmonious state.

This treatment is only available as an addition to a treatment or package.

SPA HOURS

The Spa is open 7-days a week.

YOUR APPOINTMENT

We suggest you arrive 10 minutes early to complete a consultation form before your appointment begins. Our therapists are skilled and trained in different modalities, feel free to discuss any requirements you may have to design a tailored experience.

EARLY ARRIVAL FOR APPOINTMENT

Should we be in treatment and you find no one to greet you when you arrive, kindly relax with tea and fresh water in the waiting area. Your spa therapist will meet you there as soon as they are available.

LATE ARRIVAL FOR APPOINTMENT

In the unlikely event that you are running late for your appointment we will try our best to complete your full treatment, however please note that the treatment may be shortened should there be another booking immediately afterwards.

CONSULTATION

Your therapist will conduct a brief consultation before beginning your treatment to confirm the duration and type of treatment booked and ensure that you receive the treatment most suited to you. It is vital that we are advised of all health concerns on your consultation form so that our spa therapists can address your special requirements and customise treatments where necessary.

SPECIAL CONSIDERATIONS

Guests who have a history of or presently have, any medical or high risk conditions, including pregnancy, high blood pressure, heart conditions and other serious circulation or muscular complications are required to consult their doctor before reserving any spa service. Guests presenting with a cold, fever or skin irritations will be unable to receive any massage treatments or treatments that may aggravate the existing condition.

YOUR SPA THERAPIST

We have a team of professional and fully qualified male and female therapists. For your comfort, should you have a preference of a male or female therapist please inform us prior to your arrival where we will do our very best to accommodate your request. Feel free to present your requests to your therapist as each therapist has unique skills and may be able to improvise and offer variations on the spa menu, personalised especially for you.

PRIVACY

Your privacy is considered at all times. In the treatment room, your spa therapist will leave you in private to change and get settled under the sheets. Throughout the treatment, untreated areas are draped with sheets and the chest area is covered if the treatment includes abdominal work.

SPA ETIQUETTE

The Spa is an area of relaxation and tranquillity and as such, all areas around and within the building are noise-free zones. We request that guests keep noise levels to a minimum and refrain from using cell phones or electronic devices in the Spa. The consumption of alcohol is not encouraged directly before or after any spa treatment.

VALUABLES

Please leave any valuables in the safe in your suite. Matakauri cannot be responsible for lost or stolen items.

IN-ROOM TREATMENTS

Certain treatments are available within the privacy of your suite. Enquire with guest reception when booking, as to which treatments are suitable for in-room service. Please note that an additional charge of 20% is added to all in-room bookings.

CANCELLATION POLICY

Treatment times are reserved exclusively for you and we therefore have an 8-hour cancellation policy. If you need to change the time of your appointment, we will make every effort to accommodate your wishes but may not be able to guarantee the availability of a therapist. Cancellations within the 8-hour period will be charged in full.

PAYMENT OF SERVICES

Services for lodge guests will automatically be charged to room accounts.