



SPA

We invite you to relax and rejuvenate your body, mind & spirit.

Our spa is located on the edge of a pine forest with uninterrupted views to Lake Wakatipu and towering Cecil Peak. The spa offers a private experience in an unrivalled natural environment.

Choose from a variety of treatments including different styles of massage, facials and body treatments personalised to meet your specific requirements.

Matakauri spa has two treatment rooms, each with a shower, changing room and private deck. We have a sauna available which is located within our spa and fitness centre.

Please dial 0 to contact reception to make your appointments.

Spa Information

SPA HOURS

The Spa is open 7 days a week and treatments are available between 11am and 7pm in the Summer and 10am and 6pm in the Winter.

YOUR APPOINTMENT

We suggest you arrive 10 minutes early to complete a consultation form before your appointment begins. Our therapists are skilled and trained in different modalities, feel free to discuss any requirements you may have to design a tailored experience.

EARLY ARRIVAL FOR APPOINTMENT

Should we be in treatment and you find no one at the spa reception desk when you arrive, kindly relax with tea, fresh water and nibbles in the waiting area. Your spa therapist will meet you there as soon as they are available.

LATE ARRIVAL FOR APPOINTMENT

In the unlikely event that you are running late for your appointment we will try our best to complete your full treatment, however please note that the treatment may be shortened should there be another booking immediately afterwards.

CONSULTATION

Your therapist will conduct a brief consultation before beginning your treatment to confirm the duration and type of treatment booked and ensure that you receive the treatment most suited to you. It is vital that we are advised of all health concerns on your consultation form so that our spa therapists can address your special requirements and customise treatments where necessary.

SPECIAL CONSIDERATIONS

Guests who have a history of or presently have, any medical or high risk conditions, including pregnancy, high blood pressure, heart conditions and other serious

circulation or muscular complications are required to consult their doctor before reserving any spa service. Guests presenting with a cold, fever or skin irritations will be unable to receive any massage treatments or treatments that may aggravate the existing condition.

YOUR SPA THERAPIST

We have a team of professional and fully qualified male and female therapists. For your comfort, should you have a preference of a males or female therapist please inform us prior to your arrival where we will do our very best to accommodate your request.

Feel free to present your requests to your therapist as each therapist has unique skills and may be able to improvise and offer variations on the spa menu, personalised especially for you.

PRIVACY

Your privacy is considered at all times. In the treatment room, your spa therapist will leave you in private to change and get settled under the bed covers. Throughout the treatment, untreated areas are draped with sheets and the chest area is covered if the treatment includes abdominal work.

SPA ETIQUETTE

The Spa is an area of relaxation and tranquillity and as such, all areas around and within the building are noise-free zones.

We request that guests keep noise levels to a minimum and refrain from using cell phones or electronic devices in the Spa.

The consumption of alcohol is not encouraged directly before or after any spa treatment.

VALUABLES

Please leave any valuables in the safe in your suite. Cape Kidnappers cannot be responsible for lost or stolen items.

IN-ROOM TREATMENTS

Certain treatments are available within the privacy of your suite. Enquire with guest reception when booking, as to which treatments are suitable for in-room service. Please note that an additional charge of 20% is added to all in-room bookings.

CANCELLATION POLICY

Treatment times are reserved exclusively for you and we therefore have an 8-hour cancellation policy. If you need to change the time of your appointment, we will make every effort to accommodate your wishes but may not be able to guarantee the availability of a therapist. Cancellations within the 8-hour period will be charged in full.

PAYMENT OF SERVICES

Services for lodge guests will automatically be charged to room accounts.

SIGNATURE TREATMENTS

HEALING MANUKA HONEY FACIAL

The perfect facial for all skin types, experience the power of New Zealand's world-renowned healing Manuka Honey. It helps to improve cellular regeneration thereby improving skin texture and skin smoothness. Also helps to promote collagen production.

60 minutes: NZD 260

JET LAG CURE EYE TREATMENT AND BACK MASSAGE

This treatment combines a deep tissue back, neck and shoulder massage, followed by an awakening eye treatment to visibly reduce the dehydrating and tiring effects of a long journey. Minimise the signs of time and tiredness of your eye contour, and melt away any remaining body tension-the perfect restoration.

60 minutes: NZD 260

CUSTOMISED SCRUB AND MASSAGE

Begin this luxurious treatment with a full body exfoliation, using a customised scrub made from organic products and natural oils. After a steamy shower, you will enjoy your choice of a Massage to nourish your skin and revive your muscles.

90 minutes: NZD 360

A LITTLE SOMETHING EXTRA

Scalp massage: Complete your treatment with a truly relaxing scalp massage. Allow yourself to drift off as your therapist manipulates those secret pressure points, to unlock absolute bliss.

Add on 15 minutes: NZD 60

MASSAGES

Your treatment begins with a full consultation as each massage we offer is customised to meet the specific needs of each guest. Please communicate any special health conditions to your therapist to maximize the benefits and enjoyment of your treatment.

If you would like to experience our Hot Stone Massage, kindly advise in advance.

RELAXATION MASSAGE

Combining various styles of massage, your therapist will use light, medium or firm pressure to transform a traditional Swedish massage into a personalised treatment to promote body and mind relaxation.

60 minutes: NZD 260 | 90 minutes: NZD 360

DEEP TISSUE MASSAGE

Using firm to deep pressure and paying attention to trigger points, this massage effectively loosens connective tissue and releases accumulated tension in tight, stressed areas.

60 minutes: NZD 260 | 90 minutes: NZD 360

REMEDIAL MASSAGE

60 minutes: NZD 260 | 90 minutes: NZD 360

HOT STONE MASSAGE

This massage is offered as a sedative, ritualised treatment for relaxation. Large heated New Zealand river stones are placed on key areas on the body while smaller stones are used as an extension of your therapist's hands to melt away stress and muscle tension.

75 minutes: NZD 325

PREGNANCY MASSAGE

With special care, our relaxation massage is transformed into a full body experience for mothers-to-be in their second or third trimester. This massage is done in a side lying, supported position, using pregnancy-safe products and techniques.

60 minutes: NZD 260

A LITTLE SOMETHING EXTRA

Healing Manuka Honey Express Facial

Complete your treatment with a relaxing and effective facial that uses active Manuka Honey to soothe and rejuvenate your skin.

Add on 30 minutes: NZD 130

FACIALS

MATAKAURI BOTANICAL FACIAL

This botanical facial uses natural New Zealand skincare products. A beneficial treatment, which more than delivers its promise to restore balance to all skin types.

60 minutes: NZD 260

SKIN SOLUTIONS FACIALS

After a personalised skin analysis, your therapist will guide you to choose the most effective products for your facial from our range of advanced skincare. Especially beneficial for those with problem skin, this treatment will be completely customised just for you.

60 minutes: NZD 270

SUBLIME ANTI-AGING FACIALS

Sublime Double Peel Facial

Offering two different formulations of intensity to choose from, this peeling facial is suitable for delicate or resistant skin. This technique significantly smooths, illuminates and evens out the skin tone, improving the appearance of wrinkles.

30 minutes: NZD 170

SUBLIME SKIN DELUX LIFT FACIAL

This lifting facial combines the renewing efficacy of the double peel with the innovative firming bi-phasic mask. It softens the visible signs of aging and cosmetically redefines the shape and surface of the face.

75 minutes: NZD 325

MEN'S BALANCING FACIAL

A classical facial treatment designed specifically to meet the needs of a man's skin. This deep pore cleansing facial removes impurities, soothes razor irritation and reduces roughness.

Warm towels, combined with a face, neck and shoulder massage ensures total relaxation.

60 minutes: NZD 260

A LITTLE SOMETHING EXTRA

Back Indulgence

Take a few more minutes to release your tension and reach total indulgence with this back massage supplement.

Add on 30 minutes: NZD 130

Hands and Feet

LUXURY MANICURE

A very special treat for your hands and nails. Your hands are cocooned in hot towels then exfoliated with a sugar salt scrub. Nail and cuticle work is followed by a massage and polish of your choice.

60 minutes: NZD 200

LUXURY PEDICURE

We soak and exfoliate your feet. Afterwards, lay on the treatment bed while your lower legs and feet are massaged with a soothing balm. Your toenails will be filed and shaped, cuticles cared for and nails polished.

75 minutes: NZD 225

EXPRESS MANICURE AND/OR PEDICURE

A basic treatment to tidy and quickly improve the appearance of the hands and/or feet.

Cuticles are pushed back. Nails are shaped and buffed or painted.

40 minutes: NZD 175 | 75 minutes: NZD 225 (Combination)

MEN'S MANICURE

This manicure will improve the appearance of your hands. We file your nails, tend to your cuticles, and massage your hands and arms to the elbow. Your manicure is completed with a light nail buff.

45 minutes: NZD 150

MEN'S PEDICURE

Your feet are soaked and exfoliated, your nails are shaped and buffed and your cuticles trimmed if needed. A foot massage enhances the experience.

45 minutes: NZD 150

FOOT REFLEXOLOGY

An aromatic foot soak is followed by a massage which concentrates on acupressure points and energy lines of the feet to balance and revitalise the whole body.

45 minutes: NZD 200

A LITTLE SOMETHING EXTRA

Shellac nails Colour add-on

Add on 20 minutes: NZD 40

BODY TREATMENTS

CUSTOMISED BODY SCRUB

Give your body the ultimate smoothing treatment with a customised body scrub using organic products and natural oils, followed by a steamy shower and full body moisture. This treatment will leave your skin glowing, nourished and refreshed.

45 minutes: NZD 180

COCOON BODY TREATMENT

This body treatment will care for your entire body, from head to toe. Starting with a full body exfoliation using customised body scrub made from organic products and natural oils, enjoy a scalp massage during a manuka honey or thermal mud body wrap selected to suit your skin's needs, and finish with a relaxing massage.

90 minutes: NZD 360

SOOTHING BODY EXTREMITIES TREATMENT

Enjoy a massage at each extremity of your body, where your nerves are the most receptive and your body works the hardest. The treatment begins at the top with a scalp and neck massage, descending to your arms to reach your hard-working hands, and concluding with a deep tissue massage of your feet, the support of your whole body.

60 minutes: NZD 325

A LITTLE SOMETHING EXTRA

Healing Manuka Honey Express facial

Complete your treatment with a relaxing and effective facial that uses active Manuka Honey, to soothe and rejuvenate your skin

Add on 30 minutes: NZD 130

ADDITIONAL SPA SERVICES

HAIR CARE / STYLIST

We can organise for a hair stylist to come to the Lodge or we can make a booking at an exclusive local salon.

