



THE SPA AT CAPE KIDNAPPERS

We invite you to relax and rejuvenate your body, mind and spirit.

Our Spa is located at the top of the path leading from the main lodge to the Hilltop suites and boasts phenomenal views across the valley towards the bay.

Choose from a variety of treatments including massages, facials, and body treatments. In addition to the indulgence of our couples' suite, we have two other spacious treatment rooms, changing rooms with steam showers and lockers for your convenience.

Please contact the Spa to make an appointment by calling extension '411' or the lodge reception on '0'.

We look forward to welcoming you soon.

SIGNATURE BODY TREATMENTS

MACADAMIA AND HONEY HYDRATION

Embrace the sweet aroma of one of New Zealand's most renowned antioxidants, pure manuka honey. Locally sourced and infused into our signature body treatment. In a full body wrap, warm manuka honey, shea butter and crushed walnut shell, rich in anti-inflammatory benefits is applied to exfoliate your skin, promoting hydration. Our steam shower will leave your skin detoxed and revitalised. Featuring an express facial, a cleansing and hydrating enzyme mask with a full-body massage enriched with our unique macadamia and honey blend, your entire body will be smooth, supple, and completely nourished.

120 min \$510

HEALING MANUKA COCOON

The ultimate body treatment begins with a full body exfoliation, using natural organic, plant-based products to gently buff away dry skin. A soothing full body massage enriched with Vitamin E, whipped cocoa butter, and warm manuka honey will leave your skin feeling soft and renewed followed by a purifying steam shower to awaken your senses.

90 min \$380

BODY STRATEGIST FIRING TREATMENT

Begin with a lightly detoxifying back treatment rich in jojoba spheres and microalgae, immediately renewing the skin. A creamy thermal mud mask containing magnesium, will soak into your back eliminating muscle fatigue while your feet will experience an exfoliating treatment. The healing and soothing blends of apricot and sweet almond oil will aid in relaxation while you enjoy a leg extremity and back, neck and shoulder massage.

75 min \$350

SIGNATURE MASSAGES

FULL BODY MASSAGE

A massage appropriate for all suitable pressures. Therapists will aid in relaxation as well as addressing deeper muscular aches and tension to allow the body's energy flow and stress to release.

90 min \$380 / 60 min \$290

GOLFERS CUSTOMISED MASSAGE

Your highly skilled therapist will focus on addressing deeper muscular aches and tensions customised especially for you, allowing for recovery, and reset for another successful round of golf!

90 min \$380 / 60 min \$290

TRANQUILITY PRO SLEEP MASSAGE

Favouring relaxation, deep rest, and sleep; ideal for jetlag recovery. Your body will be gently warmed with the heated sensation of hot stone therapy. The combination of aromatherapy blends and Swedish full body massage techniques are recommended for those longing to relax and harmonise.

90 min \$380 / 60 min \$290

MOTHER-TO-BE MASSAGE

A pampering, relaxation pregnancy massage is designed to relieve back tensions and swelling in your hands and feet, ending with a calming scalp massage. (This massage is suitable for second and third trimesters of pregnancy)

90 min \$380 / 60 min \$290

LUXURY COUPLES MASSAGE

Enjoy a luxury spa moment with your loved one, you have the choice of any of our signature massage treatments which can be performed in our private couple's suite.

90 min \$380 / 60 min \$290

SIGNATURE FACIALS

HEALING MANUKA HONEY FACIAL

The perfect facial for all skin types harnessing the benefits of New Zealand's healing Manuka Honey. A deep cleansing, purifying and very relaxing facial will help stimulate cellular regeneration, improving skin texture and smoothness.

90 min \$380 / 60 min \$290

RECOVER TOUCH FACIAL

Nurture your skin and recover from the free radical damage caused by sun and pollution. Recover Touch is a nourishing, multivitamin antioxidant treatment for face, neck and décolleté. The antioxidant nourishing combination of organic Goji Berry and Macadamia Oil leaves the skin soft and replenished. Ideal in the case of stressed, dehydrated, and dull skin ultimately boosting hydration and radiance.

90 min \$380 / 60 min \$290

ACTIVE PURENESS FACIAL

A deep cleansing facial characterised by an innovative, mattifying Spirulina Algae Clay mask with a lymphatic draining massage to help aid in removing toxins within the skin, assisting with decongestion, uneven skin tone and excess oil control.

90 min \$380 / 60 min \$290

MEN'S BALANCING FACIAL

This facial is specifically designed for men, combining tailored, high-performance skin care products and facial techniques to help rebalance the skin leaving it energised, refreshed, and rested.

90 min \$380 / 60 min \$290

SPECIALISED FACIALS

BIO FILLER TREATMENT

A super hydrating non-invasive filling treatment. This treatment contains eight different size molecules of hyaluronic acids, specifically designed to reach different layers of the epidermis. Included is an intensive hand and arm treatment to extend hydration on areas exposed to the sun. Expected results can be skin plumping, firming and intense hydration, perfect for New Zealand's climates during both winter and summer.

75 min \$350

BIO RADIANCE TREATMENT

Containing a cocktail blend of unique ingredients formulated to help target hyperpigmentation, sunspots and uneven skin tone. Your highly skilled therapist will formulate a peel-off mask designed to improve the skin's barrier function resulting in immediate brightness, improved skin tone and texture. Included is an intensive hand and arm treatment to extend hydration on areas exposed to the sun.

75 min \$350

HANDS AND FEET

LUXURY MANICURE

A very special treat for your hands and nails. Your hands will be gently exfoliated and deeply nourished with a creamy clay mask for a soft and luminous feel. Precise nail and cuticle work is performed followed by your choice of polish.

60 min \$200 / add Gel polish \$40

LUXURY PEDICURE

Beginning with a milky foot soak and scrub enriched with pure silica and apricot kernels for a strong exfoliation. Afterwards, relax on our cosy treatment bed while your lower legs and feet are completely taken care of with a moisturising foot mask and soothing massage. Dry skin will be buffed off, and precise nail and cuticle work is performed. Finishing with your choice of nail polish.

75 min \$225 / add Gel polish \$40

EXPRESS MANICURE OR EXPRESS PEDICURE

An express treatment for your hands or feet. Enjoy a gentle exfoliation and moisturising treatment before cuticle work is performed, nails are tided, buffed, or painted with your choice of colour.

40 min \$175 / add Gel polish \$40

ADDITIONAL TREATMENT ENHANCEMENTS

One or more of the following extras can be incorporated into most treatments on our menu to enhance your spa experience.

SCALP MASSAGE

Complete your treatment with a truly relaxing scalp massage. Allow yourself to drift off as your therapist releases muscular scalp tension.

15 min \$60

SHELLAC POLISH

Select from our wide range of CND shellac colour choices and enjoy immediately set polish. Available to add onto any of our manicure or pedicure treatments.

20 min \$40

SMOOTHING BODY SCRUB

Give your body the ultimate smoothing treatment with an invigorating full body scrub. The benefits of ground apricot kernel enriched with manuka honey will leave your skin feeling refreshed in addition to any chosen spa treatment.

45 min \$180

EXPRESS HEALING MANUKA HONEY FACIAL

Enjoy our Signature Express Manuka Honey Facial, ideal for all skin types. The perfect ending to compliment your choice of spa treatment.

30min \$130

ADDITIONAL SPA SERVICES

HAIR CARE / STYLIST

We can organise for a hair stylist to come to the lodge, or we can assist to make a booking at an exclusive local salon.

SPA INFORMATION

SPA HOURS

The spa is open 7 days a week and treatments are available from 9am to 7pm

YOUR APPOINTMENT

We suggest you arrive 10 minutes prior to your spa treatment to complete a small consultation form to help your therapist plan your best spa treatment yet!

LATE ARRIVAL FOR APPOINTMENT

In the unlikely event that you are running late for your spa treatment we will try our best to complete your full treatment, however, please note that the treatment may be shortened should there be another booking following immediately afterwards.

SPECIAL CONSIDERATIONS

Guests who have a history of, or presently have any medical or high-risk conditions, including pregnancy, heart conditions, cancer and other serious circulation or muscular complications are required to consult with their doctor prior to receiving any spa services. Guests presenting with cold/flu symptoms, fever, or skin conditions will be unable to receive any massage treatments or treatments that may aggravate the existing condition.

YOUR SPA THERAPIST

We have a team of professional and fully qualified male and female therapists. For your comfort, should you have a preference of therapist, please inform us prior to your arrival where we will do our very best to accommodate your personal request.

SPA ETIQUETTE

The spa is an area of wellness and relaxation and as such, all areas around and within the building are noise-free zones.

We request that guests keep noise levels to a minimum and refrain from using cell phones or electronic devices in our spa.

CANCELLATION POLICY

Treatment times are reserved exclusively for you, and we therefore have a 24-hour strict cancellation policy. If you need to change the time of your appointment, we will make every effort to accommodate your wishes, but we may not be able to guarantee the availability of a therapist. Cancellations within the 24-hour period will be charged in full.